

abrash

PAUL NEWLAND

for any number of instruments

instruments should be separated spatially

score in C



choosing from the pitches above (1st minute no transpositions, 2nd any octave, 3rd minute no transpositions, 4th minute any octave....etc..)

play a single note

the sound should last as long as your breathing out
stop playing when you breathe in
(allow notes to ring on where instrument permits)
begin a new sound as you begin your next breath out
stop playing and rest when you feel it is appropriate

alternatively play long sounds
(allow each sound to ring on where the instrument permits)
stop playing and rest when you feel it is appropriate

dynamic level is always very quiet on the edge of audibility
very occasionally the dynamic level may be as loud as *p* or *mp*
when you feel it is appropriate

if possible sometimes *cresc.* into and *diminuendo* away from the dynamic level taking the whole length of the note to do so - starting and finishing *a niente*

vary the timbre of the sounds

if you decide to immediately repeat a pitch that pitch should be slightly sharper or flatter than previously

play non vibrato

you may use harmonics

make use of mutes

use preparations and unconventional materials and playing techniques to alter and create timbral variety